Solana Santa Fe After-School Enrichment Program

Solana Beach Child Development Center



12:05 pm - 2:15 pm Cost: \$30.00

Play It Safe for children is a fun, interactive, age-appropriate method that teaches students to respond appropriately to unique challenges they must face such as dealing with bullies, "mean" kids, stranger awareness and abduction defense. Play It Safe is based on a simple but effective step-by-step approach where students practice their techniques against trained instructors in age-appropriate scenarios. This empowering class teaches children to be aware of their surroundings, project confidence, trust their intuition and set boundaries. This can only come from hands-on repetitive training. Students will role-play with a mock "would be abductor" and a mock "bully," while being coached by an instructor. This class has been taught to thousands of children. Each child will receive an "Awareness" certificate and scouts will earn their "Awareness" patch. Parents will be given an informational supplement of safety material.

Visit our website, <u>www.solanabeachcdc.com</u> to register! Last day to register is Thursday, March 8th.

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